

LE PUY ROUTE Section 4



Walk from Cahors to Lectoure – 123 km

7 Days/6 nights



half Board

en-suite

available year round

From €490

The Via Podiensis or Le Puy Route was taken for the first time in 950 AD when the archbishop of Le Puy-en-Velay walked to the tomb of Saint James, opening the first non-Spanish route to Santiago. Along Le Puy Route, modern walkers enjoy various incredible landscapes and a rich medieval architectural heritage, as the Camino runs through some of the most typical rural French areas, and crossing towns and cities full of history.

Le Puy Route begins in Le Puy-en-Velay, a city set in a volcanic landscape, 130 kilometres South West of Lyon, in France. It continues through south-western France to the foothills of the Pyrenees, where this Camino joins up with the French Way.

On this 4th section of Le Puy Route, the Camino goes from beautiful Cahors to charming Lectoure and crosses both the Lot and Garonne Valleys. The green round hills of the area, added to a rich historical heritage make this leg of the Camino a beautiful walking holiday for anybody seeking both natural and cultural sites. And with numerous medieval buildings at almost every stopovers, the region has plenty to offer to modern pilgrims! As most walks are under 23 kilometres per day, and with a gently undulated terrain, anybody with an average level of fitness can walk these 123 kilometres!

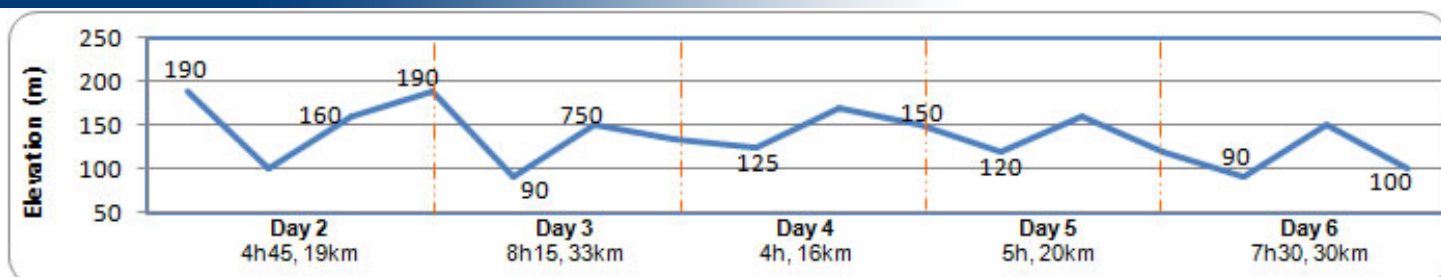

[maps](#)

Afficher [Le Puy Route](#) sur une carte plus grande

French Way in Yellow

Use the navigation tools on the left to zoom-in

Day By day



» Day 1 - Cahors

Surrounded by a cirque of natural steep cliffs, Cahors is located on the shores of the Lot river. It is nice wandering around the old city as, at every corner, history hits visitors: the Valentré Bridge, Saint-Etienne Cathedral, medieval houses, carved doors of the seventeenth century, neo-classical buildings, ... This human-size city is one of the prettiest in the whole Le Puy route!



Town: ATM, Shops, all facilities

» Day 2 – Cahors to Montcuq (32km, 8h, +250m -130m)

We first climb up stone stairs to Pech d'Angely from where we take a last look at Cahors down in the Valley before continuing through the Causses, a limestone plateau. We will then pass through Labastide-Marnhac and Lhospitalet before reaching the charming village of Lascabanes and its flowered houses. Then, we continue the walk to Montcuq.



Town: ATM, Shops, all facilities
Meals: Breakfast, dinner

» Day 3 – Montcuq to L'Aube Nouvelle (22.5km, 5h30, +80m -20m)

The route we follow today goes up and down all the way to L'Aube-Nouvelle. We start seeing less woodlands and more undulated farmlands and cultivated fields, passing the beautiful village of Lauzarte, an ancient raised dovecote and Saint-Sernin church. We stop for the night in L'Aube-Nouvelle.



Town: ATM, Shops, all facilities
Meals: Breakfast, dinner

» Day 4 – L'Aube Nouvelle to Moissac (16km, 4h, +15m -150m)

This is the shortest day of the fourth section, and also the easiest as there is no particular difficulty regarding the terrain itself. We walk through the quiet countryside, between crop fields, woodlands and vines. We finish this stage in Moissac, home to UNESCO World Heritage Saint-Pierre abbey.



Town: ATM, Shops, all facilities
Meals: Breakfast, dinner

» Day 5 – Moissac to Auvillar (20.5km, 5h15, +150m -150m)

The Camino follows the waters all day long as we first start walking on towpaths along the Tarn river until the Lock of Espagnette. We then continue towards the villages of Boudou and Malause, before being back on ancient towpaths, this time along the Canal of Golfech. The last effort of the day, to climb up the street when we enter Auvillar, is rewarded by the picturesque cobblestone plaza, with its ancient circular open hall and arcades.



Town: ATM, Shops, all facilities
Meals: Breakfast, dinner

» Day 6 – Auvillar to Lectoure (32km, 8h)

Today we leave Le Lot département to enter Le Gers and its rich agricultural lands. The walk also passes through charming villages such as Flamarens or Miradoux before ending in Lectoure, an old fortified town with an impressive cathedral.



Town: ATM, shops, all facilities
Meal: Breakfast

» Day 7 – Lectoure

After breakfast, we bid you farewell.

Town: ATM, shops, all facilities
Meal: Breakfast

how to get there

It is best to fly to and back from Toulouse. However, it is also possible to fly to Rodez and fly back from Toulouse airport.

To France: Toulouse or Rodez

To Toulouse: BA, Aer Lingus and Easyjet fly to Bordeaux from UK & Ireland. Other companies fly from major cities in Europe. <http://english.toulouse.aeroport.fr/US/compagnies.asp>

To Rodez: Ryanair fly from Dublin and London. www.ryanair.com. Air France also fly from Paris. www.airfrance.fr

To the beginning of the trip: Cahors

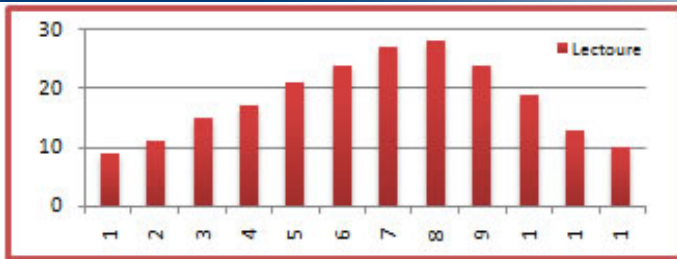
From Toulouse: train (Approx. 1h30). www.voyages-sncf.com

From Rodez: train (Approx. 2h15). www.voyages-sncf.com

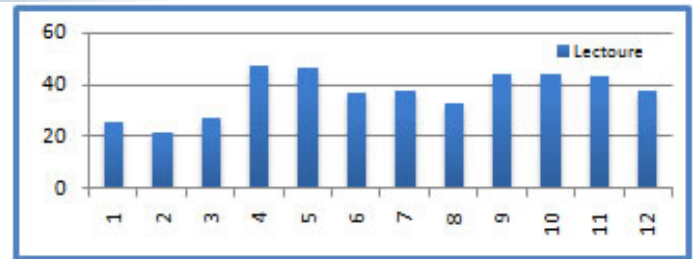
Back home from Lectoure

To Toulouse: Bus to Agen (Approx. 45min). Then train to Toulouse (Approx 1hr).

WEATHER



Average temperatures



Average rainfall

about the cycling holiday

accommodation

Our accommodation vary from 2* hotels to 3* hotels or equivalent depending on availability. All rooms are en-suite and accommodation is based on character, comfort and location. Our policy is to select the best available hotel in its category at any given time, to make sure your holiday is as valuable as possible. If an accommodation is not available, we may have to find an alternative that is as suitable as possible.

Luggage

We will transport your luggage from one hotel to the next. You only need to carry your backpack during the day!

Included

- Luggage transferred from hotel to hotel
- En-suite Rooms
- Half-board during the cycle
- Detailed Walking Notes
- Map
- Pilgrim passport

Not Included

- Flights
- Insurance (recommended)
- Drinks
- Dinners in Cahors and Lectoure
- Transfer from/to airport

prices & Options

Period	Price (€)	Single Room (€)	Picnic lunches (€)
High Season April, May, June, September	650	154	50
Mid Season July, August, October	590	132	
Low Season January, February, March, November, December	490	110	

Options

Extra Night in Cahors (€)		Extra Night in Lectoure (€)		Transport to Cahors from Toulouse (€pp) For info on transfers for more passengers or from other airports, please ask us . 2-8 people €56pp
Single	Double (pps)	Single	Double (pps)	
60	44	60	44	

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